

Moberly Manor Matters

Sayre Christian Village Ann's Administrative Assessments



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Special points of interest:

- Family Council meets March 10 at 10:00 a.m.
- The Sweetheart Banquet is Tuesday, Feb. 14th by invitation for couples.
- Valentine Party for all residents on Feb. 14th at 2:30.

Sayre has an organized **Quality Assessment and Assurance (QAA) Committee** that consists of our Medical Director, Pharmacist, myself, the Director of Nursing and several department heads. This committee identifies quality deficiencies then develops and implements plans of action to correct these quality deficiencies, including monitoring the effect of implemented changes and making needed revisions to the action plans. Through this process the QAA committee investigates root cause and causative factors of quality deficiencies so that the appropriate action plan can be developed and implemented. The committee also relies on help from all other staff members, families and visitors to bring any

Also, Congratulations!!!

A standard licensure survey for Sayre Christian Village Nursing Home was completed on January 20, 2012. This was a very good survey with only two findings noted. It was a great survey where we received less tags than both the state and National Average. Congratulations for a job well-done.

You are to be commended for

issues/concerns to management's attention. If at any time, you feel that there is a quality issue, please do not hesitate to bring this to my or the Director of Nursing's attention. The facility also has pink Continuous Quality Improvement (CQI) forms in the employee break room available to staff to fill out whenever they feel there is a quality issue or a need for improvement in a particular area. At Sayre, we feel that it is important to involve everyone in this process! These forms are brought to the daily CQI Meeting for review. The Management Team and I welcome any suggestions that could help Sayre continue being the preferred Long and Short term care provider for Lexington. If at any time you would like to meet with me

your teamwork, your care of the residents, and your loving dedication. You are exceptional!

Our goal for the staff is to create an atmosphere where employees are family and that this family of employees enjoys the home where they work and strives daily to be the best they

and/ or the Director of Nursing, please give us a call!

Safety Corner I just wanted to say "Thanks so Much" for the wonderful job the Life Safety Team has done. We received two minor tags under Life Safety. We are putting a Sprinkler Head outside door #2 and adding an additional light fixture to a couple of doors. Your hard work has paid off! Thanks to all of you on the Team. Let's continue to focus on making the facility a safe place to live and work!

can be. You have met these goals and I am so very proud of each one of you.

As we move forward let's continue on our good path and always remember why we are here! I look forward to spending each day with you. Again, thanks for being so wonderful!

Social Services Cares...

The following is a list of phone numbers designed to assist residents and families in contacting the appropriate person to address questions. We welcome your calls. All extensions are generally available during regular office hours of 8:00-5:00.

Sayre Christian Village Nursing Home (859) 271-9000

- Activities Director - Kathy Rasmussen- ext. 133
- Administrator - Ann Phillips - ext. 124
- Assistant Director of Nursing - Amy Hanshaw-ext. 131
- Chaplain - Bill Miller - ext. 138
- Dietary & Housekeeping Director - Robin Elliot- ext. 142
- Director of Nursing - Lori Payne - ext 143



- Maintenance Department - Brian Sims- ext. 146
- Office Manager - Dawn Davis- ext. 122
- Social Services Director Unit 2 - Vicki Phillips- ext. 147
- Social Services Director Unit 1 - Anissa Hubbard- ext. 125
- Unit 1 Coordinator - Shirlene McCleese- ext. 151
- Unit 2 Coordinator - Denine Collins- ext. 157



Therapy Thoughts...on Alzheimer's

“Dementia is a loss of brain function that occurs with certain diseases.”

Dementia is a loss of brain function that occurs with certain diseases. It affects memory, thinking, language, judgment, and behavior. Alzheimer's disease is the most common form of Dementia affecting older adults typically beginning between 40 and 90 years of age. As our population ages the occurrence of Alzheimer's disease increases.

Through therapy we believe that positive outcomes can be reached with our Alzheimer's population. We strive to facilitate the use of preserved abilities such as memory of old routines,

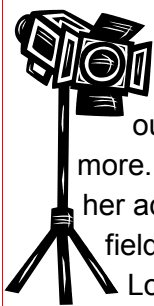
thinking better with less distractions, and the understanding of more simple forms of language such as the object “cup” instead of the word “cup”.

Physical and Occupational Therapies practice the most familiar routines such as walking and daily care. Speech language therapy works on communication : listening, talking, writing and reading to facilitate learning. Important points to keep communication ongoing are: 1) Call the person by

name to gain their attention 2) Smile and tell them your name 3) Use short, simple words and phrases. 4) Talk slowly and with a calm tone. 5) Patiently wait for a response. 6) If they do not respond, restate question using a gesture or object, such as pointing to your watch to ask if they are ready to eat lunch.

Increasing our understanding of the disease and brushing up on our communication techniques as family, friends, and caregivers will improve our relationships and the quality of life of our loved ones.

Resident Spotlight



Our spotlight for March has searched out Mildred “Penny” Gilmore. Penny has worked all her adult life in the nursing field. She graduated from Louisville General Hospital School of Nursing which is now known as University of Louisville Hospital. She got her travel urges satisfied by working in California in



three major cities. She returned to Dayton , Ohio and worked at the VA hospital. She also earned her B.S. in nursing while in Dayton. That is where she met her husband. She has also lived and worked in Boston, New Orleans, Cleveland and since has retired to Lexington where most of her siblings reside. Penny has enjoyed quilting as her main hobby. Nearly 200 quilts have come together through her efforts. She also enjoys reading, crossword puzzles and visiting other residents. Be sure to tell Penny hello when you see her in the halls.

A Collaborative Story By

Mariam, Lela, Jessica, Alice, Alice, Penny, Pat, Marian, Ethel, Ella and Ann

Nursing News!

Just a reminder that the cold and flu season is still in full swing so please remember to take precautions so that we can all stay healthy. We are continuing to clean resident rooms and closets. Any help you may be able to give would be appreciated. Just an FYI as well; we would like all family members and residents to be aware that we have lock boxes under the sinks in the rooms that are available for the residents to use.

Once upon a time, John and Harriett, who were in their fifties, went on a trip. But then they decided they better not because there was thunder and lightning. So they went back home. They were happy to be home. They decided to get back to work. John thought about mowing the grass. He found weeds growing in the grass. So he planned to mow them off. John and Harriett were waiting for the moon. They wanted it to shine so they would know when to buy and plant plants. They decided they better put Weed-Be-Gone on the grass and to dig out the single weeds that they found here and there. They just spread it round. A few blocks away, they discovered some beautiful flowers on the path to grandmother's house. They picked some to take to grandmother. On the train that they took to grandmother's house, they went to see grandmother. They wanted to see how she was acting. They wanted to see if she was well. Grandmother said, "When cows fly, I'll swat them." John and Harriet thought, "She's flipped." A gentle breeze was blowing in the window of grandmother's house. Then a gusty wind came along. The thunder and lightning came back. Children were playing dress up and ran outside to pick flowers in the meadow. They brought grandmother a bunch of flowers. And then the rain finally arrived. With the rain, everyone decided to take a nap. John had a dream. He dreamed that they were at the farm and he was in the field. He saw a bull on the run. A strong wind came up. Grandma woke up and put on a wide rimmed hat. The hat kept the sun from shining on her while the vegetables were growing in the garden. When the children woke up they looked outside and saw the deer standing in the corn field. They could see the skyline in the distance. Dirty dishes were in the sink. Harriet ended up doing the dishes. Grandmother was happy about that. But she was concerned about whether the children picked the flowers legally. Strong winds had kept

her from doing the things she had planned to do. So she asked John and Harriett to help her. Some of the things she wanted to paint could be painted in the big red barn. For breakfast they had biscuits and gravy. It was very good. Everyone was happy. After breakfast they looked out and saw the tent in the back yard had blown away. They heard a car zooming down the road. They heard car tires squeal. Mother called out, "Come on inside quickly." The rooster crowed. Everyone laughed. There was a lot of sunshine and rainbows in the sky. Harriett and John decided to go fishing in the brook. They shoosed the birds away because they were eating the biscuits and gravy that they had packed in their lunch. That night Harriet and John went to bed. Outside chimes were ringing and they kissed good night. Written on January 21, 2012

Dining and Dietary Delights

Continuing efforts are underway to make the dining experience at Moberly Manor more pleasurable. Very soon, theme nights will become a monthly event. One month it might be Italian, another month Mexican, and maybe even "Super Bowl" or the like. The staff is also taking on a new look with their white chef shirts and black pants. That will make them distinguishable by the residents when seen in the hall. The dietary department must be a great place to work as at least two of the staff have over 15 years of service under their belts. Several others have been cooking here at the Manor for over 5 years. The dietary staff works closely with the nursing and activities staff to ensure that residents nutritional needs are met. Snacks are handed



Employee of the Month for December is Michelle Hill.

Michelle is a CNA who generally works on Unit 1. The residents she takes care of are very grateful for her kind ways

and attention paid to them. She is always willing to help out when others need a hand. Michelle has worked in nursing since 2003 and has been here at Sayre for 3 years. She has 4 children, one of whom works in housekeeping. Be

sure to congratulate her when you see her.



out between meal as prescribed or desired. They have a consulting dietician on staff as well as a certified dietary manager. The department was thrilled that they received no deficiencies from the recent state inspection.

SAYRE CHRISTIAN VILLAGE

**Hope—Housing—Health
For older adults in the
name of Jesus Christ!**



**Moberly Manor Nursing Home
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Lexington, Kentucky 40517
Phone: 859-271-9000
Fax: 859-271-8160**

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SAYRECHRISTIANVILLAGE.ORG**

TO:

Now that February has arrived
With Valentines galore
Just let us say we love our residents
Each day a whole lot more.
And we encourage all the families
To come share hugs and kisses
With your loved one living here
Whether Mr., Ms. Or Mrs.

Activities Alert:

The resident lounge is available to families on a first come—first serve basis. You may sign up, to reserve the lounge, on the paper posted by the door of the lounge. The activities staff updates the reservation list regularly but even if not, just sign your family name, the date for which you would like to reserve it as well as the time of day. The lounge works well for family luncheons, birthday parties and other

gatherings that require more space than the residents room. There is a standing reservation for Tuesday and Fridays from 4:00-5:00 for Reading Group.

The Beauty Shop is open on Tuesday and Wednesday of each week normally. The price of a resident's appointment depends on what the resident has done ranging from a cut to a perm. Residents can be placed on the beauty shop list by family

members calling the front office and requesting an appointment or by the resident asking for one, so long as funds are available in the resident's trust fund.

Stamps are available to the resident by paying the office for postage should they desire to send out mail. If they have no change, this money can also be withdrawn from their fund.

Snack Machines are in the back staff lounge area. Some residents enjoy items from these machines. They can be accessed by asking a staff person to get them something with resident supplied money. However, residents are given snacks upon request that are in line with dietary restrictions. A simple request to the kitchen is all it takes to get a snack.



Happy Valentine's
Day!